



## Good Morning

Light Fare

Seasonal Fruits with Yogurt and Granola 8

Hickory Smoked Salmon with Capers, Ripe Tomato, Red Onion, Bagel and Cream Cheese 9

Selection of Cold Cereal's Whole, Reduced-fat or Soy Milk 4

Steel Cut Irish Oatmeal with Apple Raisin Compote and Chopped Walnuts 6

Biscuits n' Gravy Two warm Buttermilk Biscuits with Sausage Gravy 6

## Sunrise Specialties

Eggs Benedict Canadian bacon, Poached Eggs, Hollandaise, Home Fries or Grits 11

Country Ham Steak with Two Eggs your way, Home Fries or Grits, Biscuit 12

Banana Stuffed French toast Baguette Bread, Vanilla and Cinnamon 8

Crisp Buttermilk Waffle Whipped Cream, Strawberries 9

Buttermilk Pancakes Chocolate Chip, Blueberry or Plain with Syrup 8

Traditional Breakfast Two Eggs your way, Bacon or Sausage, Home Fries or Grits, Toast 8

Spa "Scramble" Egg Whites with Tomatoes, Spinach, Asparagus, Onions and Mushrooms, Home Fries or Grits, Toast 10

## Three Egg Omelets Your Way

Choose from Fresh Eggs or Egg Whites. Bacon or Sausage, Home Fries or Grits, Toast 11

Choose your fillings:

Cheddar, Swiss, Spinach, Ham, Onions, Peppers, Tomatoes, Mushrooms, Bacon or Sausage

## Beverages

Fresh Brewed Coffee 2

Hot Tea 2.5

Espresso 4

Double Espresso 6

Cappuccino 4.5

Double Cappuccino 6.5

Whole, Reduced-fat or Soy Milk 2.5

Orange Juice 3

Apple, Cranberry, Grapefruit or Tomato Juice 2

## Sides

Crisp Bacon 3

Breakfast Sausage 3

Grilled Canadian bacon 3

English muffin, Biscuit, Whole Wheat, Rye  
or Country White Toast 2

Cinnamon Raisin or Plain Bagel, Cream Cheese 3

Home Fries or Grits 2

Seasonal Fruit Cup 3

Whole Fruit 2